

**RSSDI
DC
2021** | Annual
Conference



www.rssdidc.com

17th Annual Conference of
**RESEARCH SOCIETY FOR
THE STUDY OF DIABETES IN INDIA**
DELHI CHAPTER 2021

18th-19th December 2021

Hotel The LaLiT
New Delhi



Organised by:
**RSSDI
DELHI CHAPTER**

rssdidc@gmail.com



WELCOME MESSAGE

Dear Friends,

On behalf of the organizing committee of the **RSSDI DELHI CHAPTER**, it is indeed a great pleasure to invite you all to the **17th Annual Conference of RSSDI DELHI CHAPTER**. The conference has been scheduled from **18th -19th December 2021**, at **Hotel The LaLiT, New Delhi**.

As always, this annual conference will also attempt to provide an academic feast of latest developments in the field of diabetes. In addition to providing clinical updates relevant to diabetes practice, the conference will provide a platform to our members and fellow physicians to interact and exchange views, and help improving the understanding of Diabetes. At the same time these meetings also create opportunities for connecting with leaders in the field of diabetes from across the city and the country.

As we all know, the knowledge and understanding of diabetes is changing at a tremendous pace. From basics of pathophysiology to development of newer interventions, the last decade has seen a phenomenal change in the way we look at the subject of diabetes.

As always, RSSDI Delhi Chapter's focus on research and academics will be visible in the form of free papers session. We request you all to submit your work and actively participate in the free poster's session.

The venue Hotel The Lalit, New Delhi has also been carefully chosen to provide easy accessibility, great conferencing infrastructure, and grand ambience and sufficient space to accommodate the gathering. Hope you all will be there in large number and make the conference a great success.

With best wishes,



Dr. Meena Chhabra
Organising Chairperson



Dr. B. M. Makkar
Scientific Chairman



Dr. J. K. Sharma
Organising Secretary



Dr. S. Sengupta
Treasurer

ORGANISING COMMITTEE



Dr. Vinod Kumar



Dr. S. V. Madhu



Dr. Rajiv Chawla



Dr. Vinod Mittal



Dr. R. K. Marya



Dr. R. K. Lalwani



Dr. Shalini Jaggi



Dr. Girish Khurana



Dr. Vipul Gupta



Dr. S. K. Bakshi



Dr. Vijay Arora



Dr. V K Goyal

SCIENTIFIC HIGHLIGHTS

Lessons from Clinical Trials:
GRADE
STEP
SURPASS

RSSDI DC Chairman's Oration

RSSDI National President's Oration

Free Papers: Oral & Poster Presentation

How Will I Treat A Newly Detected Type 2 Diabetic using oral agents?
Lifestyle Interventions and Metformin
Lifestyle Interventions, Metformin and DPP4i
Lifestyle Interventions, Metformin, DPP4i and SGLT2i
Lifestyle Interventions, Metformin, SGLT2i & GLP1RA
Practical Approach: RSSDI Clinical Practice Recommendations

Balance view:
Sulfonylureas Still Have Relevance in Management of Type 2 Diabetes

Made in India: First Interchangeable Biosimilar Insulin – Technology Improving Affordability

Guest Lecture: Diagnosing Hypertension in Persons with Diabetes

Guest Lecture: Hypothyroidism and Type 2 Diabetes

Has Ominous Octet Become A Dirty Dozen?

GLP1 Receptor Agonism: Where All Does It Matter?

Application of Chronomedicine in Diabetes Management

SGLT2 Inhibitors:
Cardiovascular Benefits
Renal Benefits

Type 2 Diabetes and CHF

Guest Lecture: Type 1 Diabetes in India

Diabetes Related Complications in Prediabetes: Clinical Relevance

Diabetic Lung

Dyslipidemia Management in Diabetes

CONFIRMED FACULTY

INTERNATIONAL FACULTY



Dr Adi Mehta
USA



Dr Mario Skugor
USA

NATIONAL FACULTY



Dr Anuj Maheshwari



Dr Balbir Singh



Dr Banshi Saboo



Dr BM Makkar



Dr Ch Vasanth Kumar



Dr Dheeraj Kapoor



Dr Girish Khurana



Dr JK Sharma



Dr JPS Sawhney



Dr Meena Chhabra



Dr Narsingh Verma



Dr Pankaj Agarwal



Dr Rajeev Chawla



Dr Rajesh Marya



Dr RK Lalwani



Dr S Sengupta



Dr Sanjay Agarwal



Dr Sanjay Kalra



Dr Shalini Jaggi



Dr Subhash
Wangnoo



Dr Sunil Gupta



Dr SV Madhu



Dr Vipul Gupta

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REGISTRATION GUIDELINES

- RSSDI membership number is mandatory for registration in membership category.
- Online charges will be applicable at 3% of the total amount.
- Registration fees include admission to the scientific halls, trade exhibition, inaugural function, lunch and delegate kit.
- Provide us your updated email id & mobile number. As it will be used for the registration receipt and other conference communication.
- Organizing committee shall not be liable in any form in case of changes in date / venue due to unforeseen reasons.
- Conference organizers are not responsible for postal delays / failure of delivery by post or failure of electronic communication.
- It is mandatory for all delegates to carry their photo id (government approved) for smooth registration procedure.
- *It is mandatory to submit HOD Letter/ PG certificate to avail the registration in PG category.

CANCELLATION & REFUND

- Requests for cancellation for refunds must be made in writing or through e-mail.
- Request must be sent to conference secretariat.
E-mail: rssidc@gmail.com
- No refund of registration fee will be provided for cancellation request received after 1st December 2021.
- 50% of the registration would be deducted as processing charges and rest will be refunded one month after conference completion.

Please send duly filled Registration form along with Cheque or DD in favour of "RSSDI Delhi Chapter" payable at Delhi to:

For office use only

Receipt No.: _____

Registration No.: _____

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CONFERENCE SECRETARIAT:

Dr. J.K. Sharma (Organising Secretary)

Central Delhi Diabetes Centre

34/34,GF, Old Rajinder Nagar,

New Delhi-110060

Mob: +91 9810002115

E-mail: rssidc@gmail.com

Web: www.rssidc.com

C NCEPT
TRAVEL AND CONFERENCES

Professional conference organisers

Block B, 2nd Floor, Balaji Estate, 8

Guru Ravi Das Marg, Kalkaji,

New Delhi - 110019

For Registration Query Contact:

Mr. Rajesh Singh

Tel.: +91 9599586717

E-mail: rajesh@concepttc.com



**17th Annual Conference of
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18th - 19th December 2021, Hotel The LaLiT, New Delhi

Abstract Submission Form

The abstract should reach the Conference Secretariat by 30th November 2021.
Kindly fill the form in CAPITAL LETTERS.

Title: Prof. Dr. Mr. Ms. Mrs.

Presenting Author's Name*: _____

Gender: Male Female Year of Passing MBBS: _____

Address* _____

City: _____ State: _____ Pin: _____ Country: _____

Phone (Off): _____ Mobile*: _____

E-mail*: _____

Institution Affiliated: _____

Type of Presentation: Oral Poster

(* Mandatory field)

Regn. No.

Instructions:

1. Title font size– 12pt
2. Author font size– 11pt, the presenting author's name should be first.
3. Text to be type, written in black, using time roman font– 10pt, single space.
4. Number of words should not exceed 300.
5. Registration is mandatory for abstract submission.
6. Space provided for poster presentation will be 4ft x 3ft.(height x width)
7. The presenting author should be registered for the conference.
8. Only presenting author will be given free registration but he/she should be registered.
9. RSSDI Delhi Chapter 2021 will not consider the abstracts sent by post.
10. From the approved abstracts, best six will be considered for oral presentation. Rest all will be for poster presentation.
11. In both the groups, there will be awards for 1st, 2nd & 3rd position.

Topics

- ❖ **Any topic related to diabetes and metabolic disorders is acceptable for paper or poster presentation.**

Abstract

PRESENTING AUTHOR'S NAME: _____

AUTHOR FOR CORRESPONDENCE : _____

CO AUTHOR'S NAME (1): _____ (2): _____

(3): _____ (4): _____ (5): _____

INSTITUTIONS AFFILIATED: _____

TOPIC: _____

Dr. B. M. Makkar
Scientific Chairman

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CONFERENCE SECRETARIAT:

Dr. J.K. Sharma (Organising Secretary)

Central Delhi Diabetes Centre

34/34,GF, Old Rajinder Nagar,

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Click here to
Submit Abstract Online

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Scientific Programme

Day-1, 18th December 2021			
TIMING	TOPIC	SPEAKER	CHAIRPERSON
10:45am-11:00am	Opening Remarks	Meena Chhabra JK Sharma BM Makkar	
11:00am-12:15pm	SESSION 1: Lessons From Clinical Trials		
11:00am-11:20am	GRADE	S Sengupta	CP Ahuja Mohit Saran
11:20am-11:40am	STEP	Vipul Gupta	
11:40am-12:00pm	SURPASS	Girish Khurana	
12:00pm-12:15pm	Discussion		
12:15pm-12:45pm	RSSDI DC Chairman's Oration	Meena Chhabra	Ch. Vasanth Kumar Anju Virmani
12:45pm-1:30pm	INAUGURAL FUNCTION		
1:30pm-2:30pm	Lunch		
2:30pm-3:00pm	RSSDI President's Oration	Ch. Vasanth Kumar	Vinod Kumar Meena Chhabra
3:00pm-5:00pm	Session 2: How Will I Treat a Newly Detected Type 2 Diabetes Using Oral Agents?		
3:00pm-3:20pm	Lifestyle Interventions and Metformin	RK Lalwani	Ashish Rohtagi Ravi Kant Ashok Damir
3:20pm-3:40pm	Lifestyle Interventions, Metformin and Dpp4i	Dheeraj Kapoor	
3:40pm-4:00pm	Lifestyle Interventions, Metformin and SGLT2i	Shalini Jaggi	
4:00pm-4:20pm	Lifestyle Interventions, Metformin, DPP4i +SGLT2i	Vinod Mittal	
4:20pm-4:40pm	Science behind the first ever oral GLP-1 RA: From research to clinical practice	BM Makkar	
4:40pm-5:00pm	Discussion		
5:00pm-5:30pm	Tea Break		
	SESSION 3		
5:30pm-5:50pm	Balanced View: Sulfonylureas Still Have Relevance In Management Of Type 2 Diabetes	Pankaj Agarwal	VK Goyal SK Bakshi Anil Manchanda
5:50pm-6:20pm	Made In India: First Interchangeable Biosimilar Insulin – Technology Improving Affordability	Rajesh Marya	
6:20pm-6:50pm	Guest Lecture - Hypertension In Insulin Resistance & Type 2 Diabetes: Its More Than The Number!	Adi Mehta USA	CM Batra Sunil Kohli
6:50pm-7:20pm	Guest Lecture – Hypothyroidism and Type 2 Diabetes	Mario Skugor USA	OP Sharma Amit Gupta
7:30pm	Dinner And Fellowship		

Day-2, 19th December 2021

TIMING	TOPIC	SPEAKER	CHAIRPERSON
9:00am-10:00am	Free Papers - Oral Presentations		Vijay Arora Arvind K Agarwal
10:00am-11:15am	Session 4		
10:00am-10:20am	Has Ominous Octet Become A Dirty Dozen?	Rajeev Chawla	Sanjay Agarwal Arun Kedia
10:20am-10:40am	GDM In India	Sunil Gupta	
10:40am-11:00am	Application Of Chronomedicine to Diabetes Management	Narsingh Verma	
11:00am-11:15am	Discussion		
11:15am-11:30am	Tea Break		
11:30am-12:45pm	Session 5		
11:30am-11:50am	Cardiovascular Benefits of SGLT2i	Sanjay Agarwal	Sudhir Chhabra RM Chhabra
11:50am-12:10pm	Renal Benefits of SGLT2i	Subhash Wangnoo	
12:10pm-12:30pm	Diabetes as a comorbidity: From a bystander to a driver of Heart Failure	Balbir Singh	
12:30pm-12:45pm	Discussion		
12:45pm-1:15pm	Guest Lecture- Type 1 Diabetes in India	Banshi Saboo	BM Makkar JK Sharma
1:15pm-2:15pm	Lunch		
2:15pm-2:45pm	Role of ABPM in Diagnosis and Management of Hypertension in Diabetes	Anuj Maheshwari	SK Agarwal Arvind Kumar
2:45pm-3:15pm	Diabetes Related Complications In Prediabetes – Clinical Relevance	SV Madhu	
3:15pm-3:45pm	Diabetic Lung	Sanjay Kalra	Mukesh Mehra
3:45pm-4:15pm	Dyslipidemia Management Guidelines	JPS Sawhney	Pradeep Kawatra
4:15pm-4:45pm			
4:45pm-5:00pm	Tea Break		
5:00pm-6:00pm	AGM		

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Professional Conference Organisers:



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